

HEALTH INNOVATION COMMUNITY PARTNERSHIP

Monthly Meeting
November 6, 2020

Reunión mensual
6 de noviembre
de 2020



Q&A

Preguntas y respuestas

- We will try to allow for as many questions as possible, but with a very full agenda, we may not be able to answer all questions live.
 - To ask a question – please “Raise a Hand” or type your question into Chat.
 - You can also use Chat for any comments or feedback for the session.
 - The moderator will ask for any questions from those on the phone during the Q&A period.
- Trataremos de permitir la mayor cantidad de preguntas posibles pero, como la agenda es muy extensa, es posible que no contestemos todas las preguntas en vivo.
 - Para hacer preguntas- por favor “Levante la Mano” o escriba su pregunta en el Chat.
 - También puede usar el Chat para comentarios o devoluciones de la sesión.
 - La moderadora tomará preguntas de quienes estén en el teléfono durante el período de Preguntas y Respuestas.

HICP Guiding Principles

(from our Vision
and Mission
document)

1. All participants agree to basic principles prioritizing equity, community resilience, and health in all programs and projects.
2. All participants agree to approach issues with an open mind, be willing to engage in dialogue, and commit to thinking boldly about solutions.
3. Participants will state views and ask genuine questions.
4. Participants will seek to avoid monologues and arguments; move to conversations where participants are curious and seek to understand various points of view.
5. Participants will explain reasoning and intent; share how we reach our conclusions so that others can understand our divergent reasoning.
6. Participants will attack the problem and not the person, organization, or institution.
7. Participants will define key terms so that we can attain a shared understanding.
8. Participants will share all relevant information.
9. Participants will always arrive prepared for the meeting.
10. During meetings, only one person speaks at a time; we will not engage in sidebar conversations.
11. Participants will work to develop a comprehensive, common set of information with which to solve problems and make decisions.
12. Participants will jointly design next steps.

Agenda

8:45	Welcome, Meeting Overview and Guiding Principles	Bienvenida, resumen de la junta y principios rectores
8:50	Election Reflections	Reflexiones electorales
9:10	Announcements & Partner Sharing	Anuncios y compartir por socios
9:20	Campus Projects Update	Proyectos del campus
9:30	LAC+USC Medical Center Update	Actualización del Centro Médico LAC + USC
9:50	Community Stressors During COVID	Estresores comunitarios durante COVID
10:00	Mental Health and Wellness During COVID	Salud mental y bienestar durante COVID

Partner Sharing

Election Reflections

Reflexiones electorales

Rosa Soto, LAC+USC Medical Center Foundation

Orlando Martinez, InnerCity Struggle

Community
Action

Acción
comunitaria

DEFEND EACH OTHER
NOVEMBER 7
DEMAND DEMOCRACY

Eastside
CONTINGENT

MEET UP AT MARIACHI PLAZA - 9 AM
MARCH + CAR CARAVAN

WEAR A MASK +
PRACTICE SOCIAL DISTANCING

Community
Action

Acción
comunitaria

DEFENDÁMONOS UNO AL OTRO
7 DE NOVIEMBRE
EXIJAMOS DEMOCRACIA

CONTINGENTE

Del Este de Los Angeles

ENCUENTRO EN MARIACHI PLAZA - 9 AM

MARCHA Y CARAVANA DE COCHES A PERSHING SQUARE

USE UNA MÁSCARA + PRACTIQUE EL DISTANCIAMIENTO SOCIAL

bit.ly/DefendDemand

Partner Sharing

Updates from Supervisor Solis' Office

**Actualizaciones de la oficina del
Supervisor Solis**

*Elise Weinberg, Assistant Chief of Staff, Office of Supervisor
Hilda L. Solis*

Partner Sharing

Police Reform Community
Conversation

**Reforma policial conversación
comunitaria**

*Ismael Castro and Dalila Lopez, Building Healthy
Communities*

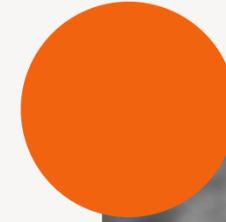


Options for Police Reform:

Part of a study conducted by University of California, Davis Center for Healthcare Policy and Research in Partnership with Building Healthy Communities Boyle Heights

November 6, 2020

01.





Policing



Local level spending on policing has grown as a portion of city spending over the past 16 years, even as both violent and property crime-rates dropped to historic lows.



Nationwide there is unrest about police brutality and individuals, disproportionately black and latino men, dying at the hands of police officers.

Opportunity

- Participate in a discussion on options for police reform to potentially change the values, culture, policies, and practices of police organizations in Boyle Heights
- Two-Hour session with 10 - 12 people, where several options for police reforms will be presented, followed by a discussion with community members and stakeholders, to inform policy recommendations.





Upcoming Sessions & Criteria:

Participants must:

- be at least 18 years old
- be a community member from Boyle Heights
- speak Spanish or English
- have access to zoom

1 Tuesday, November 17
3:30 pm - 5:30 pm

2 Wednesday, December 9
3:30 pm - 5:30 pm

3 Tuesday, December 15
3:30 pm - 5:30 pm



Participate and Share Opportunity with Others

Community Session
ismael@boyleheightsbhc.org

LAC+USC Session
dalila@thewellnesscenterla.org

COVID-19

LAC+USC Medical Center
Update

**Actualizaciones del Centro Medico de
LAC+ USC**

Jorge Orozco, Chief Executive Officer

Partner Sharing

3rd & Dangler Project Committee
Updates

**Actualizaciones del Comité del
Proyecto 3rd & Dangler**

Rosa Soto, LAC+USC Medical Center Foundation



LAC+USC MEDICAL CAMPUS Projects Update

Health Innovation Community Partnership (HICP) Meeting
November 6, 2020

LAC+USC MEDICAL CAMPUS PROJECTS UPDATE

Women's and Children's Hospital Demolition

(1240 North Mission Road – Corner of Zonal and Mission)



Project Description

- Demolition of +/- 390,000 sqft – Decommissioned 12-story WCH
- Demolition of 6 surrounded trailers
- Demolition of Cooling Tower/Air Compressor and WCH Storage
- Abatement of hazard materials
- Creation of surface parking lot until funding for future Restorative Village Psychiatric Hospital are secured.

Status and Next Steps

- Debris Removal is complete
- Structural Demo Service Contract Award – Negotiations conducted with second proposer – Revised Award Target is now December 2020

LAC+USC MEDICAL CAMPUS PROJECTS UPDATE

Restorative Care Village – Phase 1

(1744 North Mission Road – Corner of State and Mission)



Project Description

- Recuperative Care Center (RCC) – 96 Beds – 1 – 4-Story Building
- Residential Treatment Program (RTP) 64 Beds ; 4 – 3-Story Buildings



Status and Next Steps

- Building permits have been obtained
- Foundations are underway
- Civic Arts Process Continues

LAC+USC MEDICAL CAMPUS PROJECTS UPDATE

Restorative Care Village – Phase 1

(1744 North Mission Road – Corner of State and Mission)



LAC+USC MEDICAL CAMPUS PROJECTS UPDATE

Child Care Center

(1200 North State Street)



Project Description

Construction Child Care Center centrally located on a 17,500 SF lot with a 7,000 SF building and surrounding play area.

Status and Next Steps

- Make-Ready work is underway
- Building plans under review for permitting
- Civic Arts process is underway



LAC+USC MEDICAL CAMPUS PROJECTS UPDATE

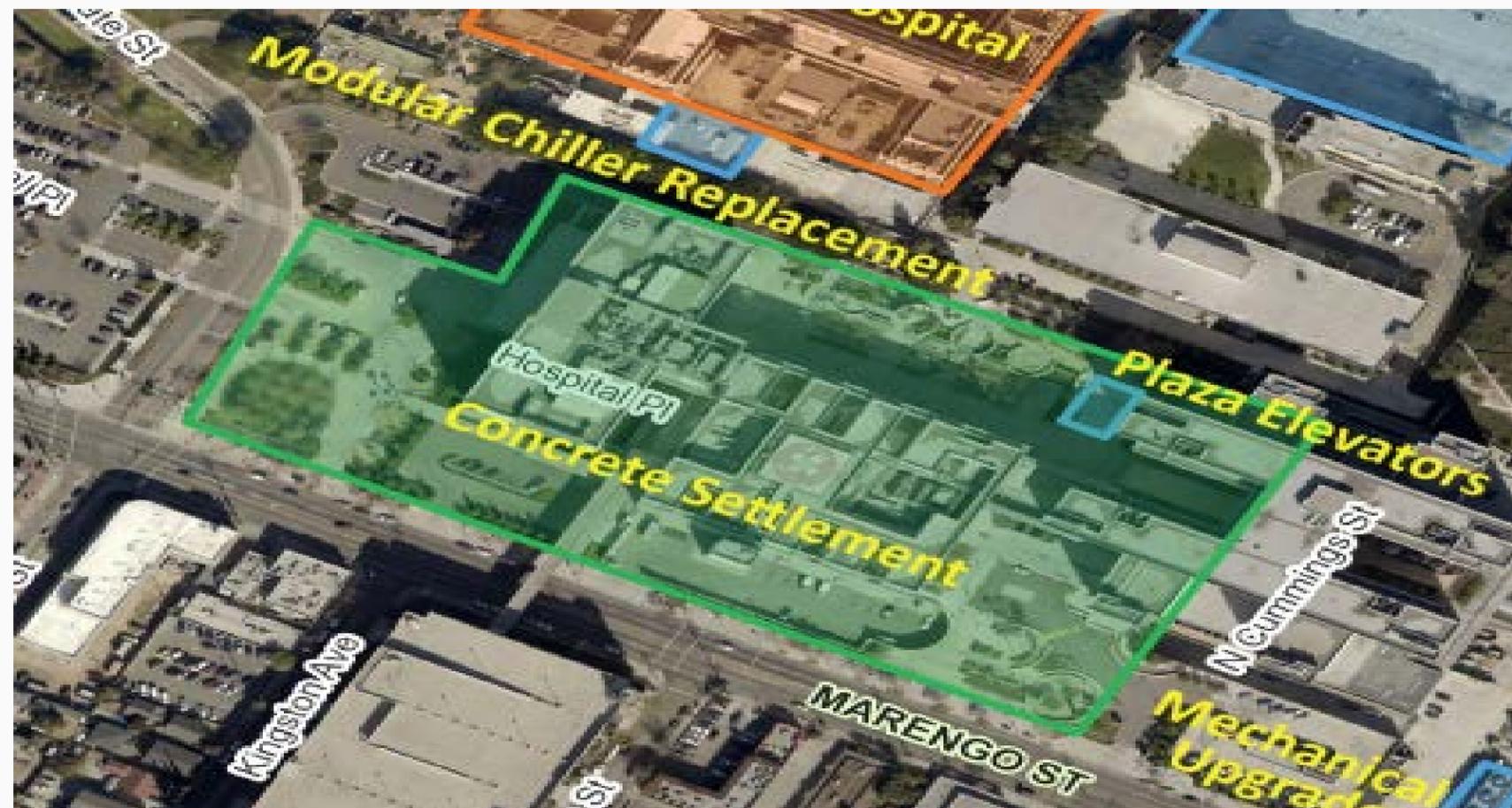
Courtyard Refurbishment and Elevator Addition

Project Description

Addition of two elevator cabs in the main hospital courtyard to connect the grade difference at Outpatient Building and the New Hospital.

Status and Next Steps

- Currently out to bid
- Receive bids on 12/8/2020



COVID-19

Community Stressors During COVID

**Estresores comunitarios durante
COVID**

Martha Gonzalez, Clinica Romero

Emotional Well-Being & Recovery

Leticia Lara, LCSW
Dr. Jorge Partida

Mental Health and Stigma

- **WORK:** We want to reduce the effects of mental health conditions
- **MYTH:** Other people can suffer and experience mental health problems
- **FACT:** We can all have mental health issues, and WE ARE ALL affected in one way or another

- **TODAY:**
 - * **What about our emotional wellness?**



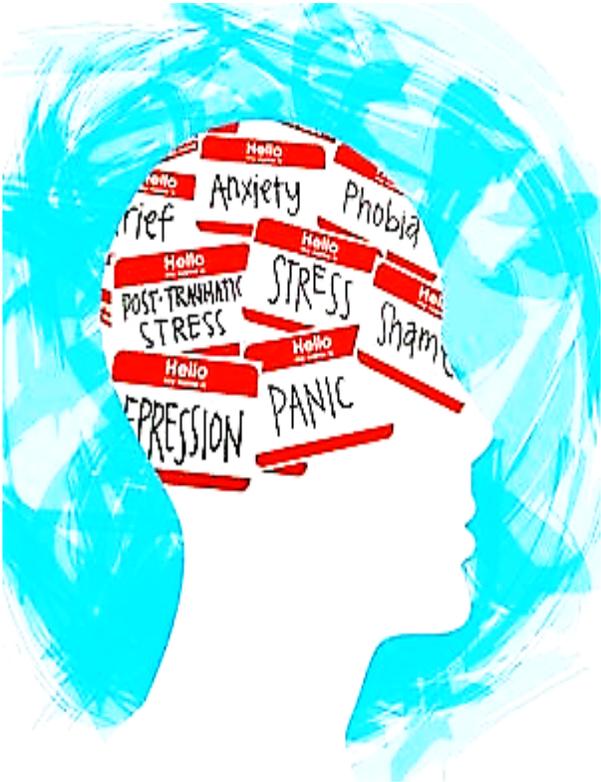


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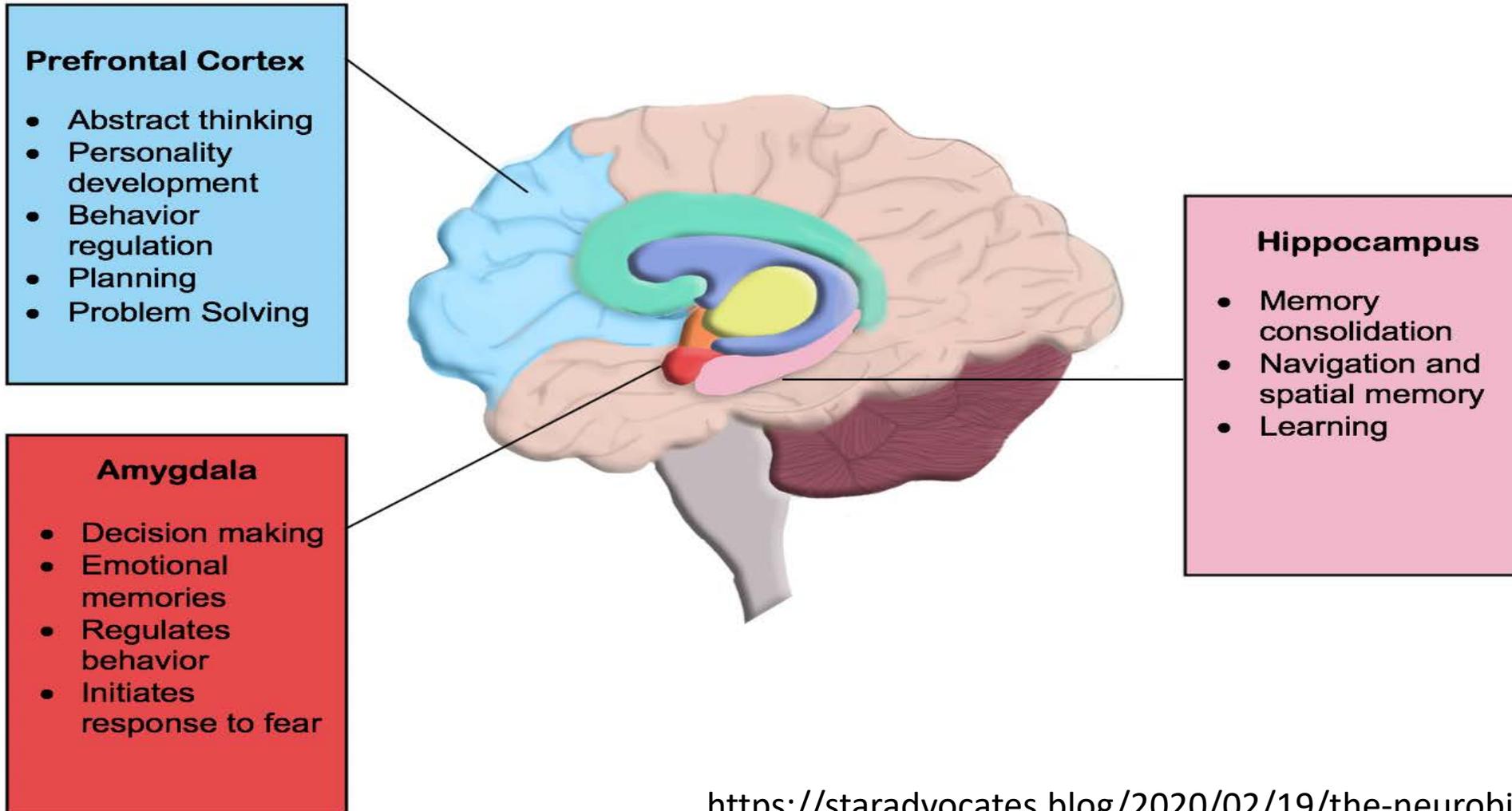
- What are some of the feelings that you have tried to manage and protect yourself during current environment?

There is a correlation between mental health and physical health.

- During this crisis, it is easy to feel overwhelmed, anxious and scared.
- Increased stress and anxiety decreases our mental energy, concentration and natural ability to fight infections.

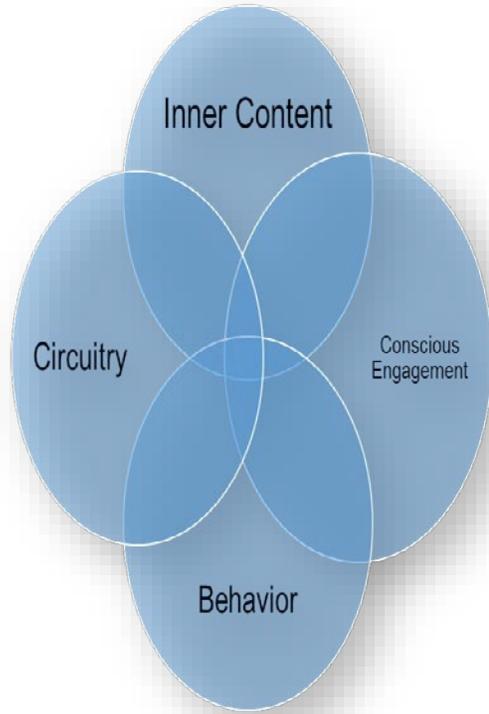


Three Primary Brain Regions Affected by PTSD and Their Functions



<https://staradvocates.blog/2020/02/19/the-neurobiology-and-impacts-of-ptsd/>

Mental Health: Strengthen Our Mind and Body



- **Circuitry** (physical, chemical, neurobiological)
- **Inner Content** (*raw emotions, gut, inner dialogue*)
- **Conscious Engagement** (observe, modify, regulate mental processes)
- **Behaviors** (actions observed and desired)

** Life long emotional wellness = behavior, health, mindful, reflection*

Managing Mental Health Wellness



- How do we remain engaged in our work when the environment appears to exhibit values, behaviors and ideas that are contradictory?
- In your role, how might you apply or advocate for the value of mental health?

Los Angeles County Department of Mental Health



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

- Leader Role
- Department
- Program Innovation
- Future
Collaboration &
Opportunities



Resources from the Department of Mental Health for COVID-19



- You can stay updated on COVID-19 developments through the Los Angeles County Department of Mental Health.

- <https://dmh.lacounty.gov/covid-19-information/>

- For emotional support call us at the DMH Helpline
 - **1-800-854-7771**



Partner Survey: Future Meeting Topics

Help design future meetings !

Click [here](#)
to access
survey and
share your
thoughts
for future
meetings.

Next Meeting:
Friday, December 4

Próxima reunión: viernes
4 de diciembre de 2020

www.hicpla.org

H EALTH
I NNOVATION
C OMMUNITY
P ARTNERSHIP